



The Manor
Preparatory School



60 Minute Challenge

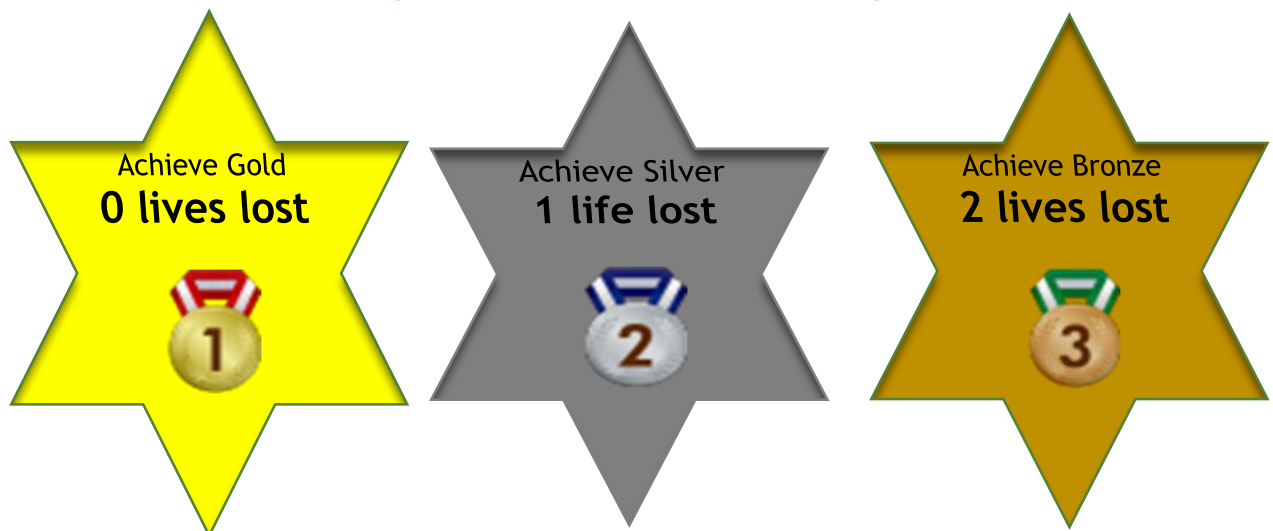
AIR BALLOON

Can you focus,
concentrating
on the target?

The Physical Challenge

Can you keep the balloon up in
the air for 60 seconds?

If the balloon touches the floor you lose a life.
The more lives you lose the lower your score.



EQUIPMENT

A balloon

If you do not have a balloon, use
scrunched up tissue paper or a bag!