



The Manor
Preparatory School



60 Second Challenge

OBSTACLE COURSE

How will you move to make sure your jump as many as you can?

The Physical Challenge

How many obstacles can you run around or jump over in 60 seconds?

Be creative! Place out objects; pillows, teddies around the space. Each time you jump over an object you score a point.



EQUIPMENT

Lots of objects and a enough space on the floor!

Use as many objects as you can.

This game is best played outside in the garden.