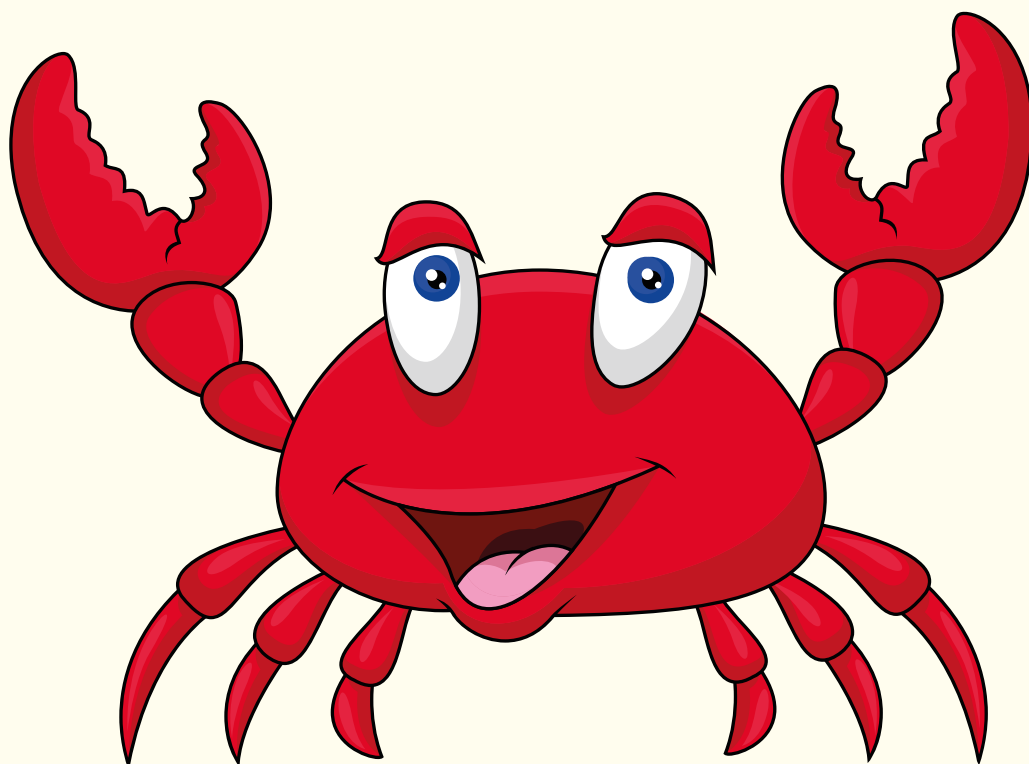


**KEVIN THE KANGAROO SAYS:  
“JUMP UP AND DOWN.”**



Two-footed standing jump  
with waving arms.

**COLIN THE CRAB SAYS:  
“WALK SIDeways.”**



Take side steps one way,  
then the other.

**FRAN THE FLAMINGO SAYS:  
“STAND ON ONE LEG AND  
NOW THE OTHER LEG.”**



Balance on left foot, then  
balance on right foot.

**CHARLIE THE CAT SAYS:  
“STRETCH UP AS  
FAR AS YOU CAN.”**



Stretch up and try and  
touch the ceiling.

**CORA THE COW SAYS:  
“MILK A COW.”**



Move arms up and down  
in milking action.

**SACHA THE SNAKE SAYS:  
“SLITHER ALONG  
THE FLOOR.”**



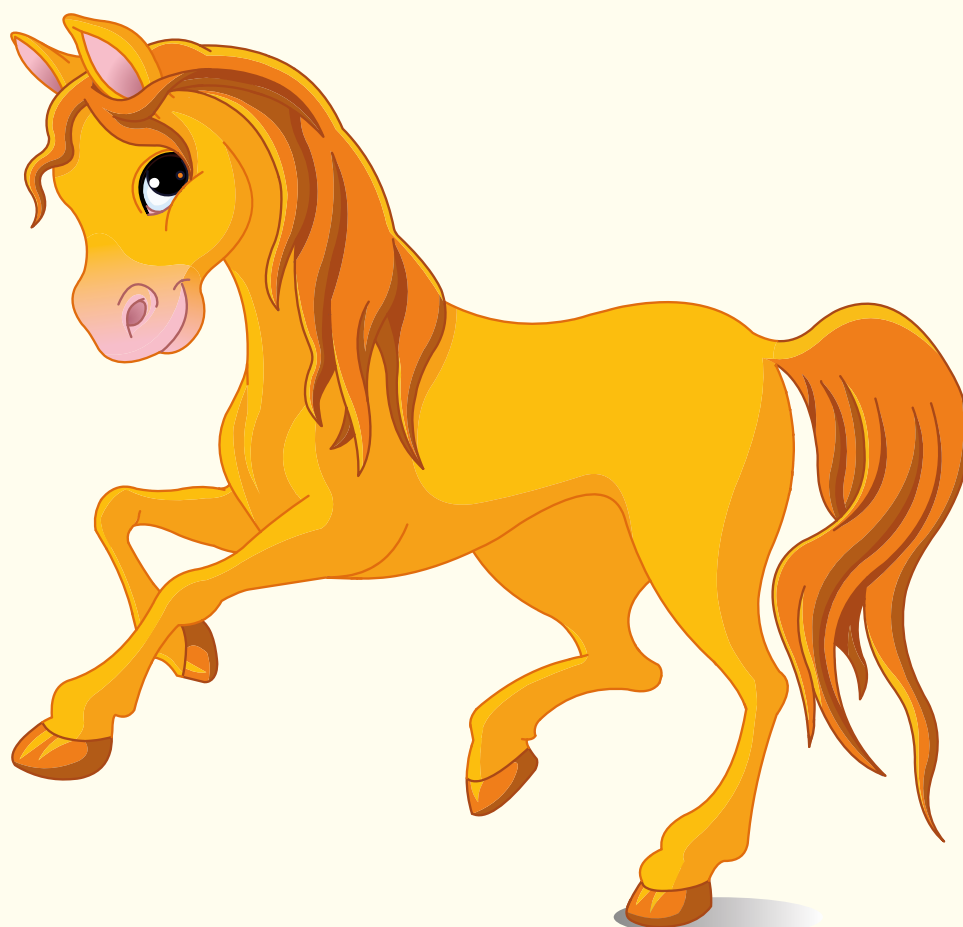
Lie down and wriggle  
along the floor.

**BORIS THE BEAR SAYS:  
“WALK ON ALL FOURS.”**



Move around on  
hands and feet.

**HANS THE HORSE SAYS:  
“TROT AROUND THE  
ROOM. NOW GALLOP.”**



Jog, lifting knees high  
then run faster.

**OLGA THE OSTRICH SAYS:  
“TAKE GREAT,  
BIG STEPS.”**



Take long strides  
around the room.

**ENOCH THE ELEPHANT SAYS:  
“LIFT ME UP.”**



Pretend to lift up a  
heavy object.

**FINN THE FROG SAYS:  
“HOP UP AS HIGH  
AS YOU CAN.”**



Hop on one leg, then  
on the other leg.

**PEDRO THE PUPPY SAYS:  
“CHASE YOUR TAIL  
ROUND AND ROUND.”**



Spin around  
on the spot.

**PIPPA THE PENGUIN SAYS:  
“WADDLE FROM  
SIDE TO SIDE.”**



Stand straight and tilt  
from left to right.

**BILLY THE BLACKBIRD SAYS:  
“FLAP YOUR ARMS  
UP AND DOWN.”**



Raise arms up and down,  
palms facing down.