



# PHYSICAL EDUCATION POLICY



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*"Small school, big hearts.  
Wise, responsible, kind like the Good Samaritan."*

### **Our Mission Statement**

**We are a caring, village school which promotes Christian values, where each child receives a high standard of education that is broad, challenging, exciting and encourages creative thinking. We encourage every learner to be the best they can be, to reflect and plan the next steps in their learning journey, demonstrating a respect towards others and contributing to the communities of which they are a part.**

### **Our Vision**

**Our vision is to nurture unique individuals who are outstanding learners, demonstrating wisdom, responsibility and kindness within their communities. Using the Good Samaritan as our role model, we know that loving others as we are loved is upmost for happy, healthy lives.**

### **Values**

**Wise** - we think wisely and are committed to learning. We relish and retain knowledge and value high standards. We have high expectations, high aspirations and enjoy challenge. Like the wise man who built his house upon the rocks (Matthew 7), we think creatively and use learning to make good decisions. We have firm foundations for our lives.

**Responsible** – we are responsible for ourselves – our well-being, our behaviour and our learning. We strive to be the best people we can be and the best person for others. We have a responsibility to others inside and out of school and at times need to be patient, tolerant and courageous in demonstrating this. As Noah had to step up when God asked him to, so must we. We are a school family whose strength is in our ability to work together. We know that perseverance and hard work will bring reward and that resilience is about coping with challenges positively.

**Kind** - we are kind. Through support, nurture and understanding we all flourish. Each one of us is unique – on the outside and inside. We value diversity and respect difference. There are hundreds and thousands, millions of us but God knows everyone and God knows me!

### **Curriculum Intent**

Our curriculum is designed around our Christian values. Each term, we focus on 2 values across the school and develop a working understanding of them through our choice of texts and foundation subject learning, embedding reading and maths at the core. Our approach is to deliver knowledge rich, sequential learning which excites and inspires, provides opportunity for recap and challenge, raises questions for debate, develops learners' confidence and enables independent learning to flourish. High standards, collaboration and valuing individuals' well-being is at the heart of this process. We believe that how we teach is as important as what we teach and that enrichment experiences are an entitlement. We want our curriculum to enable our children to be wise, responsible and kind in line with our school core values.

## Definition

At Buckland School, P.E. contributes to the overall education of every pupil. It is a practical subject, which introduces pupils to the pleasure of physical activity and gives all pupils opportunities for participation, enjoyment and success. The school believes that physical education, experienced in a safe and supportive environment, is a unique and vital contributor to a pupil's physical development and well being. P.E. can also encourage co-operation, tolerance and self-esteem. We actively promote the Olympic values of **Excellence, Respect and Friendship**. We hope that the enjoyment in undertaking exercise can be continued throughout children's education and most importantly into adulthood, as part of a healthy lifestyle.

## Aims

- to provide all pupils with a broad and balanced P.E. curriculum appropriate to their age, level of understanding and needs
- to teach P.E. as a separate subject as well as being incorporated within a cross-curriculum approach
- to develop skilful use of the body, the ability to remember, repeat and refine actions and to perform them with increasing control, co-ordination and fluency (acquiring and developing)
- to develop an increasing ability to select, link and apply skills, tactics and compositional ideas (selecting and applying)
- to improve observation skills and the ability to describe and make simple judgements on their own and others work, and to use their observations and judgements to improve performance (improving and evaluating)
- to develop an understanding of the effects of exercise on the body, and an appreciation of the value of safe exercising (knowledge and understanding of fitness and health)
- to ensure our pupils have good levels of fitness
- to develop the ability to work independently, and communicate with and respond positively towards others (working alone and with others)
- to promote an understanding of safe practice and develop a sense of responsibility towards their own and others' safety and well-being (applying safety principles)
- to provide opportunities for competitive sport so children can feel what it is like to win and lose, developing the determination and personal challenge to excel
- to teach a minimum of 2 hours PE per week, in mixed ability classes throughout the school.

## Curriculum intent:

It is our intent at Buckland to teach children the physical knowledge and skills that will positively impact on their future. We aim to deliver high-quality teaching and learning that inspire all children to succeed in physical activities. We want to teach children how to cooperate and collaborate with others as part of a team, understanding fairness and equity of play to embed life-long values. Children will develop skilful use of the body and will be able to perform different actions confidently with increasing control, coordination and fluency. Children will have the opportunity to partake in



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physical activity both for personal enjoyment and competitively, alongside 2 hours PE in school per week.

## **Teaching and Learning**

At Buckland School P.E. is delivered within specific lessons, cross-curricular activities and after school clubs. P.E. is a National Curriculum subject and in both Key Stages children cover work through dance, games, athletics and gymnastics. In Key Stage 2, children in Y5 and 6 have the opportunity to spend a week at an adventure centre pursuing outdoor and adventurous activities. KS1 and KS2 children have swimming sessions in the spring/summer at St Hugh's School.

We use the Val Sabin schemes of work for Gymnastics, Games, Athletics and Dance. Our long-term curriculum plan details which National Curriculum units are to be taught each term. This ensures continuity, variety and progression across school.

Throughout the year, we have multiple intra-schools competitions in which children compete in their house teams. These are organised per term and focussing on increasing motivation, inclusive opportunities, promoting success and achievement, building social connections and improving health and wellbeing.

We are often given opportunities through Cambrian Learning Trust to take part in inter-schools activities and always endeavour to ensure children can do this.

## **Extra-Curricular opportunities**

We run a range of sporting activities in after school clubs including football, cricket, netball, athletics, multi-sports, fencing, tennis and running. We are committed to offering 5 hours of physical activity a week for KS2 children.

## **Equal Opportunities**

All children will be given equal access to P.E. irrespective of race, gender, level of ability or nationality. Mutual respect and tolerance for all cultures will be promoted through the study of P.E. Where ever possible, children with specific learning needs will be provided with additional help and resources to enable them to reach their full potential.



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## **Management**

Indoor P.E. equipment is kept at the Memorial Hall and is checked annually for safety by an outside agency. The PE coordinator monitors the condition of the equipment at the hall and in the PE shed on a regular basis and teachers are responsible for reporting any concerns about equipment safety. Outdoor equipment is stored in a shed within the school grounds. The role of the co-ordinator is to monitor all resources and keep staff informed of new initiatives.

## **Recording and Assessment**

The exact sequence of attainment shown may vary slightly from pupil to pupil depending upon individual strengths and weaknesses; teachers keep a record of pupil achievement in each year group.

We have a curriculum map of PE within our rolling programme. Pupil achievements are reported to parents in their annual report.

## **Health and Safety**

Pupils are encouraged to appreciate the importance of a healthy and fit body, and begin to understand those factors that affect health and fitness. They need to be taught correct procedures for carrying equipment. They also need to be aware of their own safety and that of others. No jewellery may be worn, children must change clothes and correct footwear if necessary, long hair must be tied back and a swimming hat worn whilst swimming.