

W A I L L
O F
W I S D O M

Our year 7 and 8 students have written advice for your 6 students about the transition to year 6.

As long as you do your work everything will be fine

Calm down, follow the teachers and don't be afraid to increase your IQ

You don't need to worry about anything, the teachers will help you a lot if you are worried.

Everyone will help you so don't be scared.

Make new friends, try your best and have fun

It's not as confusing as it seems and the teachers are fun and always help you.

It's actually really fun! The school is easy to get around, you won't get lost, and you make friends quickly as well.

Once you are here it is very fun and a good working environment.

Don't worry, it's just like when you started year 6.

Focus on your strengths and how you can achieve your goals. Try not to focus on your worries.

Stay calm and don't worry about anything. It's basically like year 6, just in a different school.

You'll settle in quickly and make loads of new friends.

Don't be scared, just ask someone if you're unsure about something.

Don't worry about anything, it'll all work itself out in the end. It's OK to be nervous on your first day.

Once you've met new friends and had the tour of the school there's nothing to worry about.

The teachers are really nice and friendly and there's not too much homework either.

Don't worry, the teachers will look after you. Lessons are really fun too.

You can ask any teacher for help; they will be nice and kind and will help you.

You'll settle in really quickly.

Make sure your bag is packed the evening before and make sure you get a good night's sleep.

Don't worry, the transfer from year 6 to year 7 is easy.

The process seems scary but it's not. You settle in really easily and make lots of new friends. The teachers are very supportive too.

Be brave and talk to your classmates to make new friends.

It is all OK, the teachers are super cool and friendly and you don't get too much homework. You get support if you need it too.

The transition is exciting not scary. If you get lost, you just need to ask someone who will definitely help you.

Everyone is feeling the same, so don't worry!

If you need anything you can go to student services.

Don't be scared about the future because you don't know what's going to happen. Conquer the challenges as and when they arise.

Secondary school is awesome and you get lots of support and options. The teachers are really lovely too.

Year 7 can be more fun than year 6.

Your teachers will help you and homework is nothing to worry about.

It feels nerve-wracking when you arrive but after seconds you see that all of the teachers are very supportive.

Once you get to know everyone you will feel more comfortable and safe.

There's always someone around to help you and you get to spend lots of time with your friends.

Don't be scared, once you get used to it, it isn't scary at all.

It's not a huge difference and the teacher are all very kind but they still have high expectations of you. Don't worry though!

Be yourself – don't let anyone change you and don't worry.

'Just do it' – after the first day you will feel much less worried.

Don't worry, all of the teachers are so kind and everyone is nervous. You just have to smile and be friendly.

It's not that hard, in fact, after the first week, it's easy.

Don't overthink. It may seem like everyone is strict and you have a lot of rules to follow but it isn't much different to primary school

You just have to make the most of your experience. You'll also get to do lots of fun practical work and group activities. Just have fun!

Do your homework the night you get it, and everything will be much easier.

Don't be scared, it may seem very scary but it is very cool and a very nice place. The teachers are very nice too.

Don't worry, the teachers will give you lots of support.

I love year 7, I have met so many new friends.

Year 7 isn't very difficult but if you're worried or confused ask a teacher for help.

Just work hard and believe in yourself.

It's not that bad. It's really fun, just make sure you keep on top of homework. Remember, we've all been through it!

Don't worry about the amount of homework, it will help you to learn more.

There's more opportunities than at primary school so make the most of them.

It's scary meeting new people but after a few days you make lots of new friends. At break-time and lunchtime you can swap stories and share experiences.

Just remember to always be nice.

It's a bit scary at first, but once you've done it you want to do it again!

Top tip – don't panic. At first it will seem a bit scary or you might feel a bit nervous but once you get used to it and you stop worrying it'll get a whole lot easier.

Don't be worried because FCC is an amazing place to learn and spend time with new friends.

I was scared at first but trust me, when you get there you will be full of happiness.

I thought I would get lost and I was scared but after a couple of weeks I felt really confident, so don't worry.

I haven't got lost and lessons are really fun, and the teachers aren't mean, they're really helpful and friendly.

It's not too different to primary school, just a bit bigger and more people, but it's OK.

I know it may be scary at first but it gets better, you make new friends, you enjoy your lessons and you get time to socialise.

Don't be worried, be excited that you're growing up.

It's normal to be worried, but you'll soon get used to life at FCC.

There's nothing to worry about, just try your hardest.

Be well behaved and if you get lost just ask any member of staff for help.

If you are feeling worried about coming up talk to someone at primary school. There really is nothing to worry about though.

It's going to be similar to going into a different year at primary school, however it's just a different school.

There will be more people in the school but your classes are roughly the same size as primary classes, and your lessons will be similar.

Staff are friendly and support is given whenever you need it. It gets easier once you get used to it and by the end of the first term it feels completely normal.

Year 7 isn't that hard so don't worry about moving up. Your teachers will be lovely and will help you.

Don't worry there are nice teachers who will support you throughout the year.

Think back to year 2 when you moved to year 3. It's the same when you come to year 7 from year 6. You become part of the school.

It's cool meeting new teachers and friends.

Just believe in yourself.

You'll quickly get the hang of it, and in some ways FCC is better than primary school. Waking up early is hard though!

The first day might be a bit hard but you'll get along just fine.

You will have fun.

Don't be worried about coming to FCC and try your best in every lesson.

Teachers are really nice and they don't enjoy giving detentions.

It's a lot better than you think and the rumours you might have heard aren't true. The teachers are extremely nice.

Just try your best and you will have lots of classmates who can help you.

Don't be afraid, just give it your best shot.

It might seem a bit strange at first but you will settle in so fast you won't know where the time has gone.

There is absolutely nothing to worry about. I know how it feels but it will be OK. Your form group / tutor group will be really nice and it's really fun.

Don't worry about going to FCC, you'll get to find out how fun it is.

You can keep your friends from primary school and you can make new friends too.

Your form tutor will always help you if you need anything.

Make sure you are welcoming to everyone you meet and try to make new friends.

Make sure you listen to all the information you're told because the more you learn about the school the easier it is.

Your teachers will support you throughout the year so don't be scared.

When you're in year 6 it's very easy to worry about secondary school but when you're here it just feels like a normal school day.

It's OK and you feel very welcomed. Make sure you talk to new people and remember that everyone is thinking the same thing.

Everyone is friendly, just remember to work hard. I was worried to start with but after a while it's really fun and exciting.

Be yourself and focus on friendships.

Just do as you are told, follow the rules and work hard and you will go far.

Be brave and talk to your form tutor if you need anything.

Do your best and you'll be fine.

Secondary school is really fun and you have a bigger area to play.

Don't worry, be happy.

It's not much different to year 6. Just be confident and be the best version of yourself.

Don't put yourself down, keep strong and forget about any mistakes you make.

Enjoy year 6 and don't spend time worrying about year 7, it's going to be OK.

Try your best and be kind.

Just take one day at a time, it'll all be fine.

Be yourself, get involved in lesson and make loads of new friends. Don't worry too much, you have your friends and your teachers to help you.

It's really good here because you can be more independent, the teachers are really nice and the learning is fun.

Just make sure you have the right equipment.

It's really similar to year 6 but you have to change classrooms. Don't worry about it.

Be yourself and be kind.

Try to make friends quickly and work hard in lessons.

It's not as daunting as you might think. It's a time to make new friends and learn about a new school.

Don't be scared, if you need to ask a question just ask anyone.

Don't be afraid, there is always someone there for you. And always be yourself.

After a short period of time you feel as though you belong here. Push yourself to your best and everyone wants the best for you.

You'll find your way around really quickly and don't worry too much about the homework.

Be prepared to work hard and there's nothing to worry about.

Be kind to yourself and to others and do your best on homework and classwork.

You've got nothing to worry about. It may seem enormous but you'll make lots of new friends and the teachers are really supportive.

Don't leave homework to the last minute.

You should ask someone if you get lost.

The transition is not very hard but not everything is easy. There isn't anything to worry about though, secondary school is fun.

It's basically the same as primary school but you get more responsibility.

The moving around school can be confusing but you will get used to it. There's lots of trips to exciting places too.

You might think it's scary but coming up to year 7 is really fun.

If you are struggling you can always talk to a teacher. Try to do homework the day it's set.

It's OK to be nervous, some of your friendships might change but it will all work out in the end.

Be polite and kind to others and try your best in every subject.

Don't worry about making new friends you will make lots.

The teachers are really nice here and you will be trusted more and have more independence.

Be organised to ensure you have a nice day.

It's scary and exciting at the same time but there's so many friendly people to help you there's no need to worry.

You will be looked after very well and you will be really welcomed into FCC.

It's OK because you're supported by the staff from primary school and secondary school.

The transition can be a bit scary but you feel right at home almost immediately.

Don't be worried going into year 7 because everyone else is new as well.

You'll get more responsibility and freedom.

It will seem scary at first but after a while you will see how amazing this school is and what you can do with this amazing opportunity.

Just follow instructions, make friends, be yourself and have fun.

You can get as much help as you need.

Stay on top of you work, smile and stay happy.

It's a good change; you learn more things and make more friends.

Do everything to the best of your ability.

Try your hardest, don't give up and always have fun.

We may look big and scary but we don't bite! Everyone will help you if you need it.

If you concentrate you'll go far. These teachers are the best!

Don't worry about it, it's just the start of a new chapter.

It's not as scary as it seems. Just make sure you listen and produce your best work.

FCC is a big school but don't let it scare you.

There won't be too much change, don't overthink it.

It's like year 6, only bigger. Don't be afraid to make new friends or try new things.

Don't overthink, stressing doesn't achieve anything. Everything will be OK.

There are lots of people in school you can go to for help.

It's OK, we have all been through it at some stage. You will get used to it very quickly.

Try to enjoy life at FCC as much as you can.

You get the opportunity to go on lots of exciting trips.

Lessons and fun and you get to do experiments in science.